01773 833 833 info@derbyshirecarers.co.uk www.derbyshirecarers.co.uk

## **Support Groups**



## Are you a Carer caring for a family member, friend or neighbour with a long term illness and/or disability?

Come along to our Carer Support Group in Swadlincote to meet with a carer support worker, other carers and enjoy a cuppa & chat!

1st Thursday of every month

Time: 13:00 - 15:00

At: Swadlincote Fire Station (Community Room)

Civic Way, Swadlincote, DE11 0AE

Please contact Tina Curran on 01773 833833 for more information.







